

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: De Smedt Leny HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+					Heat:5, starttime: 14:38
Heat: 5/28 Lane : 1 Athlete: MAES JORDY					Q-time: 99:99:99
PB (50m pool): 02:26.50 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:25.37 SB: 02:26.50 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.97	01:11.49	01:49.19	02:26.50	
	00:34.97	00:36.52	00:37.70	00:37.31	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:14, starttime: 15:08
Heat: 14/28 Lane : 6 Athlete: POPPE WARRE					Q-time: 02:26:06
PB (50m pool): 02:15.32 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:11.89 SB: 02:15.32 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.34	01:05.69	01:41.07	02:15.32	
	00:31.34	00:34.35	00:35.38	00:34.25	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:20, starttime: 15:25
Heat: 20/28 Lane : 1 Athlete: VAN DEN BREMT MATHIAS					Q-time: 02:14:59
PB (50m pool): 02:13.95 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:08.40 SB: 02:13.95 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.86	01:04.92	01:39.96	02:13.95	
	00:30.86	00:34.06	00:35.04	00:33.99	
					

Coach feedback:

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: AZL

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:13, starttime: 16:49
Heat: 13/18 Lane : 2 Athlete: DEBAETS ELIEN					Q-time: 03:20:06
PB (50m pool): 03:20.06 Lochristi 01/02/2026					PB (25m pool): 03:17.25 SB: 03:20.06 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:38.75	no time	03:20.06	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:17, starttime: 17:03
Heat: 17/18 Lane : 1 Athlete: VAN DE WINKEL LOLA					Q-time: 03:02:65
PB (50m pool): 03:02.65 Aalst 28/06/2025					PB (25m pool): 03:00.71 SB: 03:03.79 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.90	01:28.77	02:16.20	03:02.65	
	00:41.90	00:46.87	00:47.43	00:46.45	
					

Coach feedback: